

Title Lipid removal enhances separation of oat
grain cell wall material from starch and
protein

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Title: Lipid removal enhances separation of oat grain cell wall material from starch and protein

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Abstract: Effects of lipid removal on the fine milling and air classification processing of oats were studied. Lipid removal by supercritical carbon dioxide (SC-CO₂) extraction enabled concentration of the main components of oats - starch, protein, lipids and cell walls - into specific fractions. Using defatted oats as raw material the highest β -glucan concentration of the cell wall-enriched fraction was 33.9 % as compared to 17.1 % without lipid removal. This was probably due to more efficient milling yielding smaller particles, and release of starchy material from cellular structures during milling of defatted oats, resulting in better classification. The removal of lipids also enabled separation of an oat protein concentrate with a protein concentration of 73.0 % and a mass yield of 5.0 %. A trial with 2310 kg of oat groats showed that the process based on defatting and dry fractionation was also industrially applicable.

Dear Editor,

Please find enclosed our manuscript entitled "Lipid removal enhances separation of oat grain cell wall material from starch and protein" for submission in Journal of Cereal Science. We hope that you will find it suitable for publication.

Yours sincerely

Juhani Sibakov

Dear Editor-in-Chief,

Thank you for your decision to review our paper entitled "Lipid removal enhances separation of oat grain cell wall material from starch and protein".

To address the reviewers' concerns, we have made the following revisions:

COMMENTS FROM THE REVIEWER #1:

“It would better qualify for publication in the Journal of Cereal Science if there was a more detailed account of what is already known about the milling properties of grain after defatting, and if there was a thorough attempt to explain the results i.e. why does defatting result in a shift in milling performance?”

ANSWER:

The lines 310-319 and 368-369 in the *discussion* are dedicated to explain more thoroughly why the defatting resulted in a shift in milling and classification performance. The biggest reason seems to be the reduced cohesion between different grain compounds, especially starch granules, after the lipids have been extracted away. In addition, the defatted material acquired significantly smaller particle size during the pin disc milling compared to the non-defatted material at the same conditions, thus enabling a more efficient fractionation.

DETAILS OF ALL THE CHANGES MADE DURING REVISION:

All the changes are marked as [blue](#) in the manuscript file.

Lines 15-16:

Abbreviations were changed into alphabetical order

Lines 32-34:

Added text: “This was probably due to more efficient milling yielding smaller particles, and release of starchy material from cellular structures during milling of defatted oats, resulting in better classification.”

Lines 57-60:

Removed text: “In contrast to other cereals, in which the highest proportion of lipids is localized in the vicinity of the embryo, the lipids of oats are also distributed throughout the endosperm (Peterson, 2002).”

Added text: “Lipid content is high in the embryonic cells, but due to their low mass proportion the bran and endosperm contain the majority of oat lipids (Price and Parsons, 1979). In a sieving process oat lipids are distributed so that around 35 % are

recovered in starchy fine flour and 65 % in coarse flour and bran fractions (Doehlert and Moore, 1997).”

Line 76:

“SC-CO₂” → “SC-CO₂“

Line 78-79:

“SC-CO₂” → “SC-CO₂“

Line 80:

“SC-CO₂” → “SC-CO₂“

Lines 84-88:

Added text (moved here to *introduction* from the original *discussion*):

“Conventional dry processes are usually unable to yield highly concentrated β-glucan fractions. Instead, many known processes for the isolation of highly concentrated β-glucan are based on wet methods (Kvist and Lawther, 2005; Potter et al., 2001; Redmond and Fielder, 2004). Wet processes are typically limited by high viscosity of the aqueous extracts even at low β-glucan concentrations, which leads to large liquid volumes and high costs related to drying and solvent recovery steps.”

Line 110 (Heading 2.2.):

“Overall description of the fractionation process” → “Overall description of the extraction and fractionation processes”

Line 111:

Added text: (2 kg batch size)

Line 112:

Added text: (2310 kg batch size)

Line 113:

“supercritical (sc) CO₂” → “SC-CO₂“

Line 120 (Heading 2.3.):

“supercritical CO₂” → “SC-CO₂“

Line 121:

“supercritical CO₂-extraction” → “SC-CO₂-extraction“

Line 142:

Added text: “stainless steel”

Line 180:

“Cell^P” refers to the software of Olympus. So, there’s nothing wrong with this.

Lines 209-210:

“intensive lump formation” → “the formation of several lumps”

Lines 233-234:

Deleted text: “and also leaves residues of ethanol in the oat flakes, which could lead to off-flavours in the milling fractions.”

Line 238:

“sc-CO₂” → “SC-CO₂“

Line 302:

Added text: “previously”

Lines 307-317:

Added text: “Oat grain flour is a complex material, where each particle, depending on from which part of the grain it originates and on the extent of size reduction, varies in its chemical composition (Vasanthan and Temelli, 2008). Based on the scanning electron microscope characterization, Stevenson et al. (2007) suggested that defatting of oat bran by SC-CO₂ extraction modifies its structure so that the particle exterior becomes smoother. This change could partially explain the effect of defatting in separation of different grain constituents compared to non-defatted oats reported in present study. Defatting affects also the starch granules, so that they become less aggregated which consequently enhance the separation of starch and other flour constituents (Stevenson et al. 2008). In the present study, the defatted material could be milled to a much finer flour as compared to the non-defatted oats, resulting in a flour in which starch granules were mostly loose and not embedded in cells (Fig. 2, row B).

Deleted text: “In non-defatted flour, cellular structures with embedded starch granules were evident even after extensive milling.”

Lines 340-345:

Added text: “Extraction of polar membrane lipids does not seem to be crucial for separation, as the fractionation process was efficient without the use of ethanol as a co-solvent during the supercritical extraction. However, the use of ethanol would likely improve the sensory properties of the end products, as ethanol extracted the free fatty acids inherently present in the raw material (Table 2). Storage stability could

also be improved by extracting the polar lipids which are susceptible towards oxidation and formation of rancidity (Lehtinen et al., 2003).”

Lines 345:

“Due to” → “However, due to”

Lines 363-365:

Added text: “This was most probably due to the improved milling behaviour, smaller flour particle size and altered starch granule aggregation properties, enabling better classification.”

Lines 366-367:

“The β -glucan rich fraction enables the production of“ → “The high β -glucan content enables formulations for”

Lines 378-379:

Added text: “Heikki Aro is acknowledged for his important contribution in the pilot-scale SC-CO₂ extraction.”

Lines 396-397:

Added reference: ”Doehlert, D.C., Moore, W.R., 1997. Composition of oat bran and flour prepared by three different mechanisms of dry milling. Cereal Chemistry 74, 403-406.”

Lines 445-447:

Added reference: ”Price, P.B., Parsons, J., 1979. Distribution of lipids in embryonic axis, bran-endosperm, and hull fractions of hulless barley and hulless oat grain. Journal of Agricultural and Food Chemistry 27, 813-815.”

Lines 461-463:

Added reference: ” Stevenson, D.G., Eller, F.J., Radosavljević , M., Jane, J. & Inglett, G.E., 2007. Characterization of oat products with and without supercritical carbon dioxide extraction. International Journal of Food Science and Technology, International Journal of Food Science and Technology 42, 1489-1496.”

Table 1:

“sc-CO₂” → “SC-CO₂“ (inside the table)

Table 2:

“supercritical CO₂” → “SC-CO₂“ (in the caption)

“sc-CO₂” → “SC-CO₂“ (inside the table)

Table 3:

“2) Sc-CO₂” → “2) SC-CO₂“ (inside the table)

Table 4:

“n.a.” = “not analysed”

We wish that these revisions are sufficient for accepting this manuscript for publication.

Yours sincerely,

Juhani Sibakov

Highlights:

- >The lipids of oats were removed by supercritical carbon dioxide extraction.
- >Defatting enabled concentration of starch, protein, lipids and cell walls into specific fractions.
- >Highest β -glucan concentration of defatted, cell wall-enriched fraction was 33.9 %.
- >Highest protein concentration obtained from the endosperm fraction was 73.0 %.
- >The process was industrially applicable.

1 **Lipid removal enhances separation of oat grain cell wall material from starch and protein**

2

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11

12

13 **Keywords:** oats, beta-glucan, supercritical carbon dioxide extraction, air classification

14

15 **Abbreviations:** DG, diacylglycerols; FFA, free fatty acids; PL, polar lipids; TG, triacylglycerols;

16 [SC-CO₂](#), super critical carbon dioxide

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26 **Abstract**

27

28 Effects of lipid removal on the fine milling and air classification processing of oats were studied.

29 Lipid removal by supercritical carbon dioxide (SC-CO₂) extraction enabled concentration of the

30 main components of oats - starch, protein, lipids and cell walls - into specific fractions. Using

31 defatted oats as raw material the highest β -glucan concentration of the cell wall-enriched fraction

32 was 33.9 % as compared to 17.1 % without lipid removal. [This was probably due to more efficient](#)

33 [milling yielding smaller particles, and release of starchy material from cellular structures during](#)

34 [milling of defatted oats, resulting in better classification.](#) The removal of lipids also enabled

35 separation of an oat protein concentrate with a protein concentration of 73.0 % and a mass yield of

36 5.0 %. A trial with 2310 kg of oat groats showed that the process based on defatting and dry

37 fractionation was also industrially applicable.

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52 **1. Introduction**

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54 Oats are known as a good source of β -glucan, but they also contain high amounts of lipids. The β -
55 glucan concentration of oats varies typically between 2 and 8.5 % and total lipids between 6 and 10
56 % of the whole grain (Butt et al., 2008; Peterson, 2002; Wood, 1986). Oat β -glucans are located
57 throughout the starchy endosperm, but they are concentrated in the cell walls of the aleurone and
58 sub-aleurone layers (Wood, 1986). Lipid content is high in the embryonic cells, but due to their low
59 mass proportion the bran and endosperm contain the majority of oat lipids (Price and Parsons,
60 1979). In a sieving process oat lipids are distributed so that around 35 % are recovered in starchy
61 fine flour and 65 % in coarse flour and bran fractions (Doehlert and Moore, 1997).

62

63 Oat dietary fibre is characterized by a high concentration of mixed linked (1 \rightarrow 3),(1 \rightarrow 4)- β -D-glucan
64 (Wood, 2007). This water-soluble dietary fibre has attracted significant nutritional interest during
65 recent years, as several independent studies have shown that products containing oat β -glucan have
66 a cholesterol-lowering effect (Brown et al., 1999; Ripsin et al., 1992; Truswell, 2002). In addition,
67 oat β -glucan has been reported to attenuate glycaemic response (Butt et al., 2008). In the U.S.A., the
68 Food and Drug Administration (FDA, 1997, 2003) has allowed a heart health claim for products
69 containing oat or barley β -glucan. The European Food Safety Authority (EFSA, 2009) recently also
70 accepted a claim that regular consumption of β -glucans contributes to maintenance of normal blood
71 cholesterol levels.

72

73 The nutritional potential of oat bran or its components has motivated research into the development
74 of oat fractionation processes for the production of various value-added products (Lehtinen et al.,
75 2009; Stevenson et al., 2008; Vasanthan and Temelli, 2008). Preliminary experiments have
76 indicated that lipid removal enhances the separation of β -glucan (Lehtinen et al., 2009). The major

77 advantage of the use of super critical fluid technology, especially with carbon dioxide (SC-CO₂),
78 compared to the more classical solvent extraction e.g. by hexane, in lipid removal is that no solvent
79 residues remain in the solid material after the extraction process. Typical applications of the SC-
80 CO₂ technique are specialty seed oils, e.g. sea buckthorn or black currant, and essential oils from
81 various herbs. A review of the aspects of SC-CO₂ in processing of fats and oils has been published
82 recently (Temelli, 2009). However, our approach differed from the more conventional applications
83 of supercritical fluid extraction in that we were interested only in the remaining defatted solids.

84

85 Conventional dry processes are usually unable to yield highly concentrated β-glucan fractions.
86 Instead, many known processes for the isolation of highly concentrated β-glucan are based on wet
87 methods (Kvist and Lawther, 2005; Potter et al., 2001; Redmond and Fielder, 2004). Wet processes
88 are typically limited by high viscosity of the aqueous extracts even at low β-glucan concentrations,
89 which leads to large liquid volumes and high costs related to drying and solvent recovery steps.

90

91 The aim of this work was to study the effects of lipid removal on dry fractionation of oats and on
92 the properties of the fractions obtained, especially in order to produce products with high β-glucan
93 concentration. The fractionation process was also demonstrated in industrial scale.

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102 **2. Experimental**

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104 **2.1. Raw materials**

105 The raw material in the pilot scale trial (2 kg) was non-heat-treated, dehulled and mechanically
106 flattened to flakes in a local flour mill (Riihikosken Vehnämlyly, Pöytyä , Finland) and contained
107 5.7 % total lipids, 14.5 % protein, 65.0 % starch and 3.9 % β -glucan. In the industrial scale trial, the
108 raw material was obtained from Raisio Oyj (Kokemäki, Finland). This contained 6.3 % total lipids,
109 16.4 % protein, 62.5 % starch and 3.0 % β -glucan. The industrial scale trial was made using 2,310
110 kg of raw material.

111

112 **2.2. Overall description of the extraction and fractionation processes**

113 For pilot scale studies (2 kg batch size) oat groats were first flaked to 0.2–0.3 mm thickness,
114 whereas for the industrial scale trial (2310 kg batch size) they were milled to oat grits in a
115 conventional roller mill. Lipids were then extracted by $SC\text{-}CO_2$ with or without ethanol as a polar
116 modifier. The defatted oat materials were then fine milled with a pin disc mill and subsequently
117 fractionated by an air classifier. After the first air classification the coarse fraction was milled and
118 air classified again to further concentrate the β -glucan fraction. The same process was also
119 performed without lipid extraction (Fig. 1). A highly concentrated protein fraction was separated
120 from defatted endosperm flour by re-classifying the fine fraction after the first air classification.

121

122 **2.3. Lipid extraction with $SC\text{-}CO_2$**

123 In pilot scale, the $SC\text{-}CO_2$ -extraction of lipids was performed in a Multi-Use SFE Plant with a
124 pressure vessel of 10 l (Chematur Ecoplanning, Rauma, Finland). The extraction method of oat
125 flakes was based on the work described earlier by Aro et al. (2007). The extraction was performed
126 either with $SC\text{-}CO_2$ alone (one step) or with $SC\text{-}CO_2$ followed by $SC\text{-}CO_2$ and 10 % ethanol

127 extraction (two steps). In industrial scale, a pressure vessel of 250 l (NATECO2 GmbH & Co,
128 Wolnzach, Germany) was used. The industrial scale extraction was performed only with SC-CO₂.
129 The process parameters are presented in Table 1.

130

131 **2.4. Fine milling and air classification**

132 In pilot scale, non-defatted and defatted oat flakes were first milled twice at a rotor speed of 17 800
133 rpm (tip speed 180 m s⁻¹) and a feed rate of 10 kg h⁻¹, using a Hosokawa Alpine 100 UPZ-lb Fine
134 impact mill with pin disc grinders (Hosokawa Alpine AG, Augsburg, Germany). The ground
135 material was then air classified using a Minisplit Classifier (British Rema Manufacturing Company
136 Ltd., UK). Classification was performed with an air flow of 220 m³ h⁻¹ and a feed rate of 5 kg h⁻¹.
137 During the classification the rotor speed was varied between 3000 and 7000 rpm in order to alter the
138 mass balance between fine and coarse fractions. The coarse cell wall fraction from the first air
139 classification step was further fine milled twice, using the same parameters as previously, and
140 subsequently air classified with the same air flow and feed rate but altering the classifier rotor speed
141 between 2500 and 4000 rpm.

142

143 In industrial scale, the defatted oat grits were first milled in a Hosokawa Alpine Contraplex 250 CW
144 mill. The rotation speeds of the mill discs were 11200 and 5600 rpm for two [stainless steel](#) discs
145 rotating in opposite directions (tip speed 250 m s⁻¹). The feed rate was 250 kg h⁻¹. The milled flour
146 was subsequently air classified in a Hosokawa Alpine 315 ATP classifier, using an air flow of 1200
147 m³ h⁻¹ and rotor speed of 2200 rpm. The first coarse cell wall fraction, separated by air
148 classification, was milled and air-classified again with the same parameters to yield a cell wall
149 concentrate enriched in β-glucan and endosperm flour rich in starch. The separation of protein-
150 enriched fraction from the first fine fraction was made only in the industrial scale trial using a

151 Hosokawa Alpine 200 ATP NG air classifier with air flow $400 \text{ m}^3 \text{ h}^{-1}$, feed rate 100 kg h^{-1} and rotor
152 speed 6600 rpm.

153

154 **2.5. Biochemical analyses**

155 The concentration of β -glucan was analyzed by the spectroscopic method 32-23 (AACC, 2000)
156 using the Megazyme β -Glucan mixed linkage assay kit (Megazyme International Ireland Ltd.,
157 Wicklow, Ireland). The concentration of arabinoxylan was analyzed by spectroscopic determination
158 of pentoses according to Douglas (1981). Nitrogen was analyzed using a Kjeldahl autoanalyzer
159 (Foss Tecator Ab, Höganäs, Sweden), and protein concentration was calculated as $\text{N} \times 6.25$
160 according to method 46-11A (AACC, 2000). The lipid class composition was analysed by thin layer
161 chromatography and subsequent gas chromatography (Lehtinen et al. 2003). Starch was quantified
162 using the Megazyme total starch assay kit according to method 76-13.01 (AACC, 2000).

163

164 **2.6. Particle size measurement**

165 Different fractions, as well as D_{50} and D_{90} values indicating that 50 or 90 % of the particles have a
166 diameter under a certain level, were analyzed with a Beckman Coulter LS 230 (Beckman Coulter,
167 Inc., CA, USA) using the dry powder module.

168

169 **2.7. Microscopic analysis**

170 Prior to light microscopy, the samples were embedded into agar according to the Historesin
171 embedding kit (Leica instruments GmbH, Heidelberg, Germany). The embedded samples were
172 sectioned ($2 \mu\text{m}$) in a rotary microtome HM 355 (Microm Laborgeräte GmbH, Walldorf, Germany)
173 using a steel knife. The sections were stained either with Light Green (BDH Chemicals Ltd, Poole,
174 Dorset, UK) / Lugol's iodine solution or with Acid Fuchsin (BDH Chemicals Ltd., Poole, Dorset
175 UK) / Calcofluor White (Fluorescent Brightener, Aldrich, Germany). When imaged in bright field,

176 Light Green stains protein green/yellow, whereas Lugol's iodine solution stains the amylose
177 component of starch blue and amylopectin brown. Most starch appears dark blue because amylose
178 masks the amylopectin. Acid Fuchsin and Calcofluor White were used for staining protein red and
179 beta-glucan rich cell walls light blue, respectively, and the samples were imaged using exciting light
180 (epifluorescence at 400–410 nm and fluorescence at >455 nm). The samples were then examined
181 under a BX-50 microscope (Olympus Corp., Tokyo, Japan). Micrographs were obtained using a
182 PCO SensiCam CCD colour camera (PCO AG, Kelheim, Germany) and the Cell^P imaging
183 software (Olympus).

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202 **3. Results**

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204 **3.1. Lipid removal and dry fractionation in pilot scale**

205 Preliminary data indicated that lipid extraction from whole groats was relatively difficult. In pilot
206 scale, approximately 65 % of lipids was extracted from oat flakes by SC-CO₂. The extraction
207 efficiency of oat lipids with SC-CO₂ varied according to the lipid class, so that ca. 85 % of neutral
208 triacylglycerols and less than 2 % of polar lipids were extracted (Table 2). Free fatty acids, related
209 to a perceived rancid flavour, were poorly extracted with SC-CO₂. Addition of 10 % ethanol
210 increased the extractability of both polar lipids and free fatty acids.

211

212 Milling of non-defatted oats in a high intensity pin disc mill was difficult due to [the formation of](#)
213 [several lumps](#) and adhesion of flour to the milling chamber. Consequently, milling was possible
214 only in small batches when the equipment was cooled and cleaned between batches. When defatted
215 flakes were used as a raw material these problems were not encountered and the mill could be run
216 continuously.

217

218 Flours from both defatted and non-defatted oats were subjected to air classifications with varying
219 rotor speeds in order to fractionate flour into coarse and fine fractions. The yield of the coarse
220 fraction of both defatted and non-defatted oats varied from approximately 10 to 25 %. In each case
221 β -glucan concentrated into the coarse fraction. The coarse fractions of the non-defatted material had
222 notably larger particle size (e.g. column C in Table 3: $D_{50} / D_{90} = 651 / 1016 \mu\text{m}$) than the defatted
223 material ($D_{50} / D_{90} = 392 / 667 \mu\text{m}$). During the fractionation process defatted and non-defatted oat
224 flours behaved differently, so that in order to produce a similar yield of coarse fraction a lower rotor
225 speed was required for non-defatted than for defatted material. When the coarse fraction was
226 subjected to a second milling and air classification a similar behaviour was observed.

227

228 Lipid removal had a remarkable effect on the β -glucan concentration of the coarse fractions.
229 Without lipid removal the highest concentration of β -glucan obtained was 17.1 %, whereas when
230 using the SC-CO₂ extraction the highest β -glucan concentration was 31.2 % (Column B in Table 3).
231 The highest concentration of β -glucan was reached when the total mass yield of bran-enriched
232 fraction was about 9 %, both with and without SC-CO₂ extraction (Table 3). When the yield of
233 coarse fraction was reduced below 9 %, no further enrichment of β -glucan was observed. Addition
234 of ethanol as a co-solvent into SC-CO₂ extraction improved the separation process, yielding ca. 2 %
235 higher concentration of β -glucan. However, from the economical point of view ethanol as co-
236 solvent increases process costs. ~~and also leaves residues of ethanol in the oat flakes, which could~~
237 ~~lead to off flavours in the milling fractions.~~

238

239 **3.2. Demonstration in industrial scale**

240 The defatting and dry fractionation of oats were repeated using industrial scale equipment. In the
241 industrial scale SC-CO₂ extraction, the lipid concentration of oats was reduced from 6.3 to 1.2 %.
242 Lipid class composition was similar to that in pilot scale: about 80 % of the total oat lipids were
243 extracted, of which over 90 % were neutral triacylglycerols. Less than 2 % of the polar lipids were
244 extracted.

245

246 In the first air classification, the mass yield of the coarse fraction was adjusted to 14.3 %. This
247 fraction, containing 21.3 % of β -glucan, was further milled and air classified to obtain a coarse
248 fraction with 33.9 % of β -glucan with ca. 7.8 % mass yield. The required rotor speed in industrial
249 scale air classification was lower than in pilot scale; 2200 rpm in both of the separations. Particle
250 size distributions were similar to those in pilot scale, although the D₅₀ and D₉₀ values of the first and
251 second coarse fractions were somewhat lower because of the more intensive grinding in the

252 Contraplex 250 CW pin disc mill (e.g. for the second coarse fraction $D_{50} / D_{90} = 273 / 441 \mu\text{m}$ in
253 pilot scale vs. $197 / 323 \mu\text{m}$ in industrial scale).

254

255 The protein-enriched fraction was separated by re-classifying the endosperm flour (first fine
256 fraction) obtained after the first air classification. Protein enrichment was possible only for the
257 defatted sample. The rotor speed of the classifier played the most significant role in the separation
258 of protein particles from starch granules. By using a classifier speed of 6 600 rpm, a 5.0 % mass
259 yield of very fine fraction with 73.0 % of protein was obtained. Higher mass yields with lower
260 protein concentration were obtained by lowering the rotor speed. For example by using a rotor
261 speed of 5600 rpm a protein concentrate with 49.3 % of protein was produced with a mass yield of
262 14.4 %.

263

264 **4.3. Characterization of fractions produced in industrial scale**

265 After the first milling and air classification, starch granules and protein were localised in the coarse
266 fraction both inside large aleurone and subaleurone structures and as a loose material released from
267 cells (Fig. 2). After the second milling and classification the coarse fraction again contained large
268 cellular entities of aleurone and sub-aleurone cells. However, only a very limited amount of starch
269 or protein was visible outside the cells. In the most concentrated β -glucan fraction the content of β -
270 glucan was 33.9 %, arabinoxylan 9.9 % and total dietary fibre 51.7 %. (Table 4).

271

272 The most pure starch and protein fractions were obtained by re-classifying the first fine fraction.
273 The protein was recovered in the fine fraction, whereas starch was concentrated into the coarse
274 fraction. The separation was very efficient and resulted in starch- and protein-enriched fractions
275 with 77.2 % of starch (coarse) and 73.0 % of protein (fine). The protein concentrate contained a few
276 starch granules distributed within the protein matrix (Fig 2.). A few cell wall fragments were also

277 evident in the protein concentrate, but no intact cellular structures could be identified. A very
278 precise particle size cut-off at 6–8 μm was reached during the separation of protein and starch
279 fractions.

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302 **4. Discussion**

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304 Lipid extraction from the oat raw material prior to further fractionation made it possible to obtain a
305 fraction with a β -glucan concentration of 33.9 %, with a mass yield of 7.8 %. Air classification
306 processes without lipid removal have [previously](#) yielded fractions with only slightly over 20 % of
307 oat β -glucan (Mälkki et al., 2004; Wu and Doehlert, 2002; Wu and Stringfellow, 1995; Lehtomäki
308 et al., 1990). Lipid removal in the current study affected both the particle size reduction and air
309 classification steps in fractionation.

310

311 [Oat grain flour is a complex material, where each particle, depending on from which part of the](#)
312 [grain it originates and on the extent of size reduction, varies in its chemical composition \(Vasanthan](#)
313 [and Temelli, 2008\). Based on the scanning electron microscope characterization, Stevenson et al.](#)
314 [\(2007\) suggested that defatting of oat bran by SC-CO₂ extraction modifies its structure so that the](#)
315 [particle exterior becomes smoother. This change could partially explain the effect of defatting in](#)
316 [separation of different grain constituents compared to non-defatted oats reported in present study.](#)
317 [Defatting affects also the starch granules, so that they become less aggregated which consequently](#)
318 [enhance the separation of starch and other flour constituents \(Stevenson et al. 2008\). In the present](#)
319 [study, the defatted material could be milled to a much finer flour as compared to the non-defatted](#)
320 [oats, resulting in a flour in which starch granules were mostly loose and not embedded in cells \(Fig.](#)
321 [2, row B\).](#)

322

323 The composition of coarse fraction was altered when the air classification process was adjusted by
324 changing the rotor speed. Defatted and non-defatted materials behaved differently in this respect.
325 When non-defatted oats were used the coarse fractions had almost identical compositions regardless
326 of the rotor speed. However, when defatted oats were used the composition of the coarse fraction

327 changed as a function of the rotor speed. This indicates that particles with different composition
328 were produced during the milling of defatted oats, whereas milling of non-defatted oats produced
329 large cellular structures with little variation in the composition of the particles.

330

331 Non-heat-treated oats were used in the current study, because in the heat treatment lipids, starch and
332 proteins formed tight agglomerates. The removal of lipids from heat-treated material would also be
333 more difficult, due to lipid fusion with structural proteins (Heneen et al. 2009). The omittance of the
334 heat treatment causes a risk of lipase-induced reduction of the sensory quality. However, the
335 significantly reduced lipid content in defatted fractions might obviate the need for heat-treatment in
336 the first processing step.

337

338 SC-CO₂ is an effective solvent for oat lipids and is comparable to other non-polar solvents, such as
339 n-hexane (Knuckles et al., 1992; Wu and Doehlert, 2002). Lipid removal and to some extent the
340 performance during milling and air classification were improved when ethanol was used as a co-
341 solvent. The effect of ethanol on extraction of oat lipids was also reported by Fors and Eriksson
342 (1990), who observed that both ethanol and high pressure enhanced the removal of polar lipids.

343

344 Extraction of polar membrane lipids does not seem to be crucial for separation, as the fractionation
345 process was efficient without the use of ethanol as a co-solvent during the supercritical extraction.
346 However, the use of ethanol would likely improve the sensory properties of the end products, as
347 ethanol extracted the free fatty acids inherently present in the raw material (Table 2). Storage
348 stability could also be improved by extracting the polar lipids which are susceptible towards
349 oxidation and formation of rancidity (Lehtinen et al., 2003). However, due to the high costs of using
350 ethanol as a co-solvent the use of SC-CO₂ alone appears to be the most promising approach for
351 industrial scale production.

352

353 Defatting, milling and air classification enabled concentration of the main components starch,
354 protein, lipids and β -glucan into specific fractions by applying supercritical extraction technology,
355 fine milling and air classification processes. For each of the fractions obtained, value added
356 applications should be identified in order to make the process viable. Protein-enriched fractions
357 could have versatile food applications, since oat proteins are considered nutritionally favourable,
358 with high concentrations of essential amino acids such as lysine (Mohamed et al., 2009;
359 Lapveteläinen and Aro, 1994). Oat protein concentrates with over 70 % of protein have also been
360 previously reported to be produced by wet milling processes (Wu et al., 1973) or by air
361 classification from oat bran (Wu and Stringfellow, 1995). According to the current work the
362 separation of protein concentrate with a similar protein content can also be achieved by dry
363 processing from the currently very low value endosperm flour, as long as the oat material is defatted
364 and an efficient classification system with precise cut-off is used.

365

366 In conclusion, we demonstrated that lipid removal with supercritical carbon dioxide enhanced the
367 separation of oat β -glucan, starch and protein in distinct fractions. [This was most probably due to](#)
368 [the improved milling behaviour, smaller flour particle size and altered starch granule aggregation](#)
369 [properties, enabling better classification.](#) The oat bran concentrate obtained had higher β -glucan
370 content than the existing products, produced with dry fractionation techniques. [The high \$\beta\$ -glucan](#)
371 [content enables formulations for](#) functional food products suitable for cholesterol lowering. The
372 high purity protein concentrate could serve as a substitute for animal and soy proteins.

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378

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383 [extraction](#). In addition, the technological knowledge of Alfred Schorer and Michael Kuhnen at
384 Hosokawa Alpine AG, Germany, significantly promoted the industrial scale trials.

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512 **Figure captions**

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514 **Fig. 1.** Process flow chart of the industrial scale oat fractionation.*Protein separation was only
515 performed in the case of defatted flour. The most valuable fractions are highlighted with grey
516 colour.

517

518 **Fig. 2.** Microscopic pictures of the oat fractions obtained from industrial scale dry fractionation
519 process (see Fig. 1). Row A: Acid Fuchsin / Calcofluor White staining, showing protein as red and
520 beta-glucan rich cell walls as light blue. Row B: Light Green / Lugol's iodine staining, showing
521 protein as green and starch as spherical objects in blue or brown.

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537 **Table 1.** The process parameters in supercritical CO₂-extractions performed either with SC-CO₂
 538 alone (one step) or with SC-CO₂ with added ethanol (two steps) in pilot and industrial scale.
 539

	Pilot scale			Industrial scale
	One step extraction	Two step extraction		One step extraction
	SC-CO ₂	1st with SC-CO ₂	2nd with SC-CO ₂ + EtOH	SC-CO ₂
Pressure (bar)	450	450	400	290
Temperature (°C)	70	70	70	40
EtOH (%)	-	-	10	-
CO ₂ / kg flour	37.5	11	26.5	50
Extraction time (h)	5	1.5	4	13

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556 **Table 2.** The concentrations of different lipids classes in non-defatted flour and after the defatting
 557 either by SC-CO₂ alone or by SC-CO₂ with added ethanol. PL = polar lipids, DG = diacylglycerols,
 558 FFA = free fatty acids and TG = triacylglycerols.

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	Unextracted flour	SC-CO ₂ -extracted flour	SC-CO ₂ +EtOH-extracted flour
(mg/g)			
PL	7.8 ± 0.1	7.7 ± 0.4	4.3 ± 0.7
DG	6.2 ± 0.04	1.7 ± 0.1	0.4 ± 0.07
FFA	10.6 ± 0.9	5.4 ± 0.5	0.2 ± 0.02
TG	32.0 ± 0.7	4.7 ± 0.07	2.7 ± 0.4
TOTAL	56.7	19.5	7.7

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578 **Table 3.** The effect of supercritical CO₂ extraction on the concentration of β-glucan in coarse oat
 579 fractions after first and second air classification steps: 1) oat flour without lipid extraction, 2) SC-
 580 CO₂ extracted oat flour. Columns A, B, C and D correspond to different mass yields, which were
 581 obtained by varying the classifier rotor speed.
 582

1) Oat flour without lipid extraction		A	B	C	D
After milling and 1st classification:	classifier speed (rpm)	2500	2000	1900	1800
	particle size D ₅₀ /D ₉₀ (μm)	611 / 977	635 / 997	651 / 1016	679 / 1037
	mass yield (%)	26.9	20.3	16.8	12.1
	beta-glucan (%)	12.9 ± 0.1	11.6 ± 0.4	13.4 ± 0.1	12.3 ± 1.4
After milling and 2nd classification:	classifier speed (rpm)	4000	3500	3000	2500
	particle size D ₅₀ /D ₉₀ (μm)	334 / 544	336 / 542	388 / 587	383 / 578
	mass yield (%)	9.4	8.7	7.1	5.0
	beta-glucan (%)	14.9 ± 0.9	17.1 ± 0.1	16.8 ± 0.1	16.4 ± 0.5
2) SC-CO ₂ extracted oat flour		A	B	C	D
After milling and 1st classification:	classifier speed (rpm)	7000	5500	4000	3000
	particle size D ₅₀ /D ₉₀ (μm)	236 / 550	343 / 625	392 / 667	435 / 694
	mass yield (%)	24.4	18.0	15.3	9.0
	beta-glucan (%)	13.0 ± 0.3	14.3 ± 0.6	20.8 ± 0.1	23.3 ± 0.2
After milling and 2nd classification:	classifier speed (rpm)	4000	3000	2850	2500
	particle size D ₅₀ /D ₉₀ (μm)	300 / 470	273 / 441	254 / 411	274 / 456
	mass yield (%)	10.4	8.8	6.7	5.2
	beta-glucan (%)	30.0 ± 0.3	31.2 ± 0.6	30.1 ± 0.3	27.7 ± 0.8

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594 **Table 4.** Composition of oat fractions after industrial scale SC-CO₂ extraction and dry
 595 fractionations.

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	CO ₂ -extracted oat flour	After milling and 1st air classification		After milling and 2nd air classification		After 3rd air classification, Protein separation	
		Fines	Coarse	Fines	Coarse	Fines	Coarse
Mass yield (%)	95,3	81,0	14,3	6,5	7,8	5,0	76,0
Particle size D ₅₀ / D ₉₀ (µm)	12 / 211	10 / 142	250 / 381	30 / 119	197 / 323	2 / 5	10 / 146
β-Glucan (%)	3.2 ± 0.3	1.3 ± 0.1	21.3 ± 0.5	11.4 ± 0.1	33.9 ± 0.2	n.a.	n.a.
Arabinoxylan (%)	1.0 ± 0.1	0.4 ± 0.1	8.3 ± 0.1	5.5 ± 0.1	9.9 ± 0.5	n.a.	n.a.
Protein (%)	17.2 ± 0.1	16.7 ± 0.1	23.9 ± 0.1	23.2 ± 0.1	23.0 ± 0.2	73.0 ± 0.1	10.7 ± 0.1
Starch (%)	65.6 ± 0.8	69.8 ± 0.3	17.5 ± 0.1	31.2 ± 0.2	9.2 ± 0.1	17.1 ± 0.9	77.2 ± 0.3

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598 n.a. = not analysed

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Table 1.

	Pilot scale			Industrial scale
	One step extraction	Two step extraction		One step extraction
	SC-CO ₂	<i>1st with</i> SC-CO ₂	<i>2nd with</i> SC-CO ₂ + EtOH	SC-CO ₂
Pressure (bar)	450	450	400	290
Temperature (°C)	70	70	70	40
EtOH (%)	-	-	10	-
CO ₂ / kg flour	37.5	11	26.5	50
Extraction time (h)	5	1.5	4	13

Table 2.

	Unextracted flour	SC-CO₂ -extracted flour	SC-CO₂+EtOH -extracted flour
(mg/g)			
PL	7.8 ± 0.1	7.7 ± 0.4	4.3 ± 0.7
DG	6.2 ± 0.04	1.7 ± 0.1	0.4 ± 0.07
FFA	10.6 ± 0.9	5.4 ± 0.5	0.2 ± 0.02
TG	32.0 ± 0.7	4.7 ± 0.07	2.7 ± 0.4
TOTAL	56.7	19.5	7.7

Table 3.

1) Oat flour without lipid extraction		A	B	C	D
After milling and 1st classification:	classifier speed (rpm)	2500	2000	1900	1800
	particle size D ₅₀ /D ₉₀ (μm)	611 / 977	635 / 997	651 / 1016	679 / 1037
	mass yield (%)	26.9	20.3	16.8	12.1
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After milling and 2nd classification:	classifier speed (rpm)	4000	3500	3000	2500
	particle size D ₅₀ /D ₉₀ (μm)	334 / 544	336 / 542	388 / 587	383 / 578
	mass yield (%)	9.4	8.7	7.1	5.0
	beta-glucan (%)	14.9 ± 0.9	17.1 ± 0.1	16.8 ± 0.1	16.4 ± 0.5
2) SC-CO₂ extracted oat flour		A	B	C	D
After milling and 1st classification:	classifier speed (rpm)	7000	5500	4000	3000
	particle size D ₅₀ /D ₉₀ (μm)	236 / 550	343 / 625	392 / 667	435 / 694
	mass yield (%)	24.4	18.0	15.3	9.0
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After milling and 2nd classification:	classifier speed (rpm)	4000	3000	2850	2500
	particle size D ₅₀ /D ₉₀ (μm)	300 / 470	273 / 441	254 / 411	274 / 456
	mass yield (%)	10.4	8.8	6.7	5.2
	beta-glucan (%)	30.0 ± 0.3	31.2 ± 0.6	30.1 ± 0.3	27.7 ± 0.8

Table 4.

	CO ₂ -extracted oat flour	After milling and 1st air classification		After milling and 2nd air classification		After 3rd air classification, Protein separation	
		Fines	Coarse	Fines	Coarse	Fines	Coarse
Mass yield (%)	95,3	81,0	14,3	6,5	7,8	5,0	76,0
Particle size D ₅₀ / D ₉₀ (µm)	12 / 211	10 / 142	250 / 381	30 / 119	197 / 323	2 / 5	10 / 146
β-Glucan (%)	3.2 ± 0.3	1.3 ± 0.1	21.3 ± 0.5	11.4 ± 0.1	33.9 ± 0.2	n.a.	n.a.
Arabinoxylan (%)	1.0 ± 0.1	0.4 ± 0.1	8.3 ± 0.1	5.5 ± 0.1	9.9 ± 0.5	n.a.	n.a.
Protein (%)	17.2 ± 0.1	16.7 ± 0.1	23.9 ± 0.1	23.2 ± 0.1	23.0 ± 0.2	73.0 ± 0.1	10.7 ± 0.1
Starch (%)	65.6 ± 0.8	69.8 ± 0.3	17.5 ± 0.1	31.2 ± 0.2	9.2 ± 0.1	17.1 ± 0.9	77.2 ± 0.3

n.a. = not analysed

Figure 1.

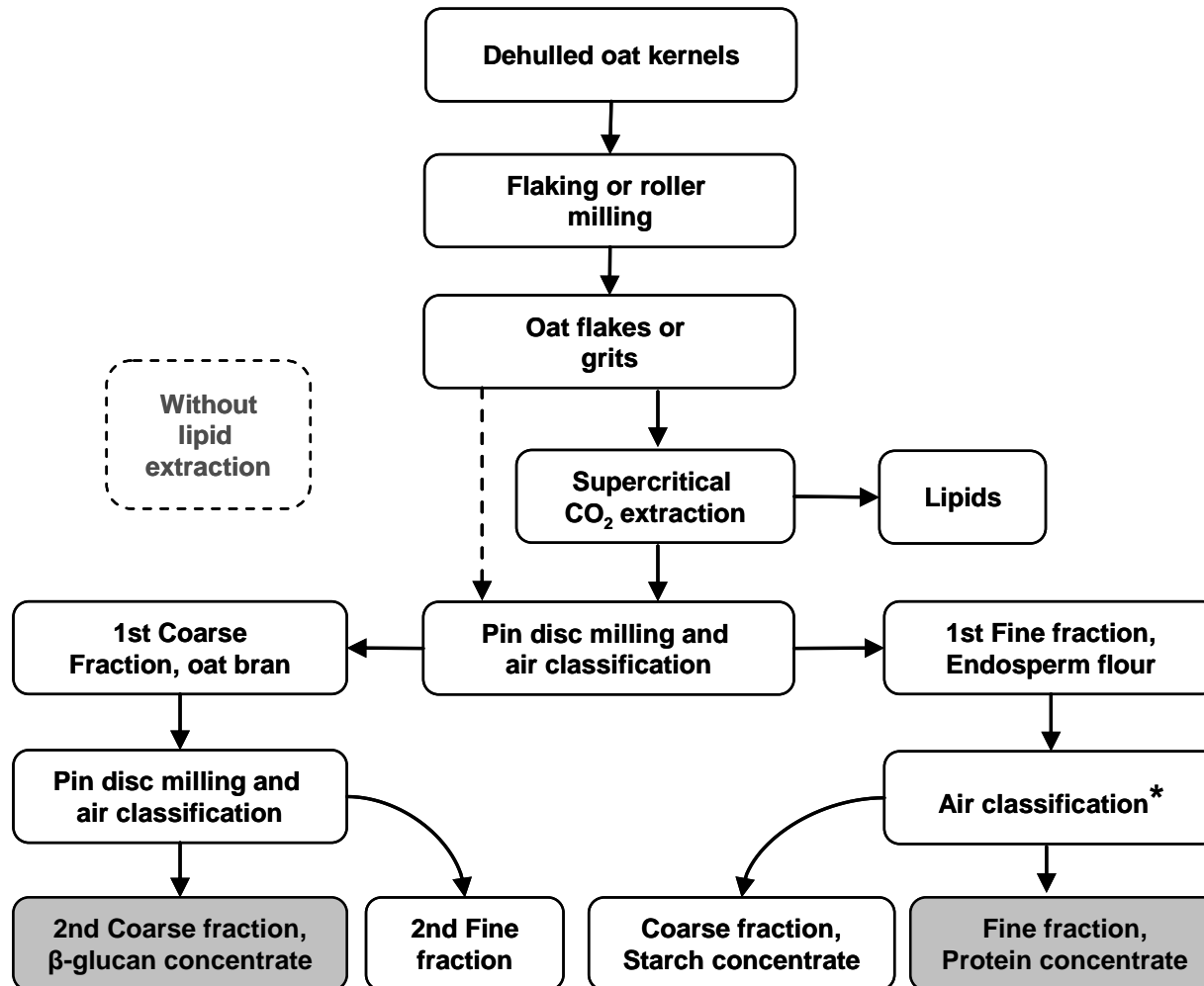


Figure 2.

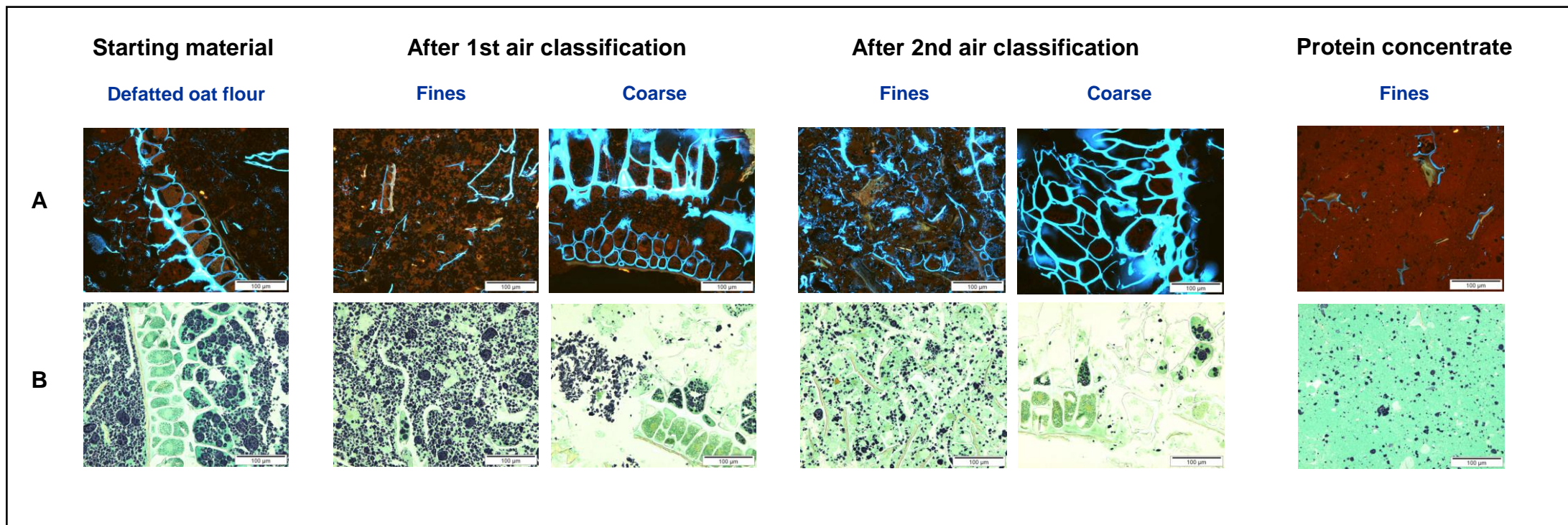


Figure 2. in greyscale

